



Tuesday 9th March, 2010

MG CT 5 – Easter Holiday Training

Dear Parents,

Please find below your sons training sessions for the upcoming school holiday break. The boys in all CT programs will not have training on 2nd April Good Friday, 3rd April Easter Saturday and 5th April Easter Monday.

Please note that we will be organising a full MG CT Training session on Wednesday 7th April to promote some team work between all CT programs and will give all coaches an opportunity to observe progress in all athletes and look at their routine construction.

Tuesday 6 th April	1.30 PM – 4.00 PM
Wednesday 7 th April	3.00 PM – 6.00 PM (ALL CT Boys)
Thursday 8 th April	NO TRAINING
Friday 9 th April	1.30 PM – 4.00 PM
Saturday 10 th April	NO TRAINING

Please advise your sons coach Myles if your son will be missing any training sessions and advise myself by emailing brett@goldcoastgymnastics.com.

Yours Sincerely,

Brett A Wood
MG Co Ordinator